

1279 (Melton Mowbray) Squadron

Cadet Centre (Old TA Centre)
Asfordby Road, Melton Mowbray, LE13 0HR
(Not a correspondence address)
Tel: 01664 564125 (Tues & Thurs 7.00-9.30pm)
Email: 1279@aircadets.org
Officer in Charge:
Flying Officer D. McGlynn RAFVR(T)

See distribution

Reference: 1279/2016/CommunityHeartstart

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HEARTSTART IN THE COMMUNITY

1279 (Melton Mowbray) Squadron would like to invite you to join us for an evening to take part in the British Heart Foundation 'Heartstart' scheme on **Thursday 31st March, 7:00-9:30pm**. The scheme covers Basic Emergency Life Support Skills including what to do if you come across somebody who is unconscious and not breathing; how to put somebody into the recovery position; how to help somebody with a suspected heart attack; how to help somebody who is choking and what to do if you find somebody who is severely bleeding.

The scheme is compulsory for all cadets and staff in the organisation but we also thought it would be a fantastic way to get to meet parents and members of our local community and for you to gain more of an insight into what the squadron does and how we train. The course will only take one parade night and at the end of the course, you will receive a certificate of recognition for completing the training.

If you'd like to join us on the evening to learn some basic first aid skills, please email training.1279@aircadets.org with the names of those who would like to come along. This is an absolutely fantastic opportunity and so it would be great if you are able to be with us on the night. If you have any questions with regards to the 'Heartstart' scheme, please email training.1279@aircadets.org or call the squadron using the details in our letterhead.

Yours faithfully,



D MCGLYNN
Flying Officer RAFVR(T)
Officer in Charge

Distribution:
Parents of all cadets
RAFA – Melton Mowbray Branch
RBL – Melton Mowbray Branch
WSO3

